HSC 3310 Group Counseling Skills Fall, 2006 (Seq. 5914)

Tu/Th 9:25 – 10:40 A.M. Doyne Health Science Room 308

Instructor: Lisa K. Ray
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Phone: 450-5736, email lray@uca.edu
Website: http://faculty.uca.edu/~lray/

Office Hours: Please feel free to drop in, but if you have important business, make an appointment!!

M W F: 8:00-10:00 a.m. and 11:00-12:50 p.m.
T TH: 10:50-1:00 p.m.

Course Description: This course will place a special emphasis on counseling the addicted person in a group setting. Personal qualities of the addictions counselor, examination of counseling models and multicultural issues will be addressed.


Course Objectives: Upon completion of the course, students will be able to:
1. Discuss the uniqueness of counseling the addicted person in a group setting;
2. Identify multicultural issues in the group context;
3. List recognized group leadership qualities in the addictions counselor;
4. Discuss major issues in the four stages of the group;
5. Explain the rationale for the use of various theoretical approaches in addictions counseling;
6. Compare and contrast theoretical approaches in group counseling;
7. Participate effectively in a task group in problem solving related to group counseling issues;
8. Develop organizational and writing skills through the research of appropriate addictions topics;
9. Debate legal and ethical issues in the context of group counseling;
10. Facilitate counseling groups.
Course Outline:

I. Overview of the Counseling Group
   A. Increasing Use of groups
   B. Types of Groups
   C. Multicultural issues in group counseling

II. Group Leadership
   A. The group leader as a person
   B. Group leadership skills
   C. Opening and closing groups
   D. Developing a leadership style

III. Ethical and legal issues in group work
   A. The rights of group members
   B. Psychological risks in groups
   C. Appropriate use of techniques
   D. Leader competence and malpractice issues

IV. Theoretical approaches in group counseling
   A. Psychoanalytic approach to groups
   B. Adlerian approach to groups
   C. Existential approach to groups
   D. Person-centered approach to groups
   E. Gestalt theory in group work
   F. Transactional analysis
   G. Behavioral approaches to groups
   H. Rational-emotive behavior theory in groups
   I. Reality therapy in groups

V. Comparing and contrasting theoretical approaches in counseling groups

Course Requirements and Evaluation:
1. Exams: There will be four exams including the final exam. Each exam will be worth 100 points. Students will be given the examination schedule at the beginning of the semester. The lowest exam grade will be dropped prior to calculating the final grade.

2. Quizzes: Unannounced quizzes will be given throughout the semester. If a student is late or absent for the quiz, that quiz cannot be made up.
3. Research Paper: Students will be required to complete a research paper as part of the course requirement. The paper must be typed, free of excessive grammatical errors, and prepared on a topic that relates to the course. Students will be given further instructions regarding the paper and the paper date at the beginning of the semester. A separate instruction sheet will be handed out and posted on WebCT. The research paper will be worth 100 points.

4. Register for WebCT. You will be given 5 bonus points for doing so and WebCT is used for posting slide presentations, articles, etc. that you will need for the class.

5. Points: Points will be converted to the following grading scale:

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Grade</th>
<th>Component</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>90-100%</td>
<td>A</td>
<td>Exams</td>
<td>300</td>
</tr>
<tr>
<td>80-89%</td>
<td>B</td>
<td>(the lowest exam grade will be dropped)</td>
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</tr>
<tr>
<td>70-79%</td>
<td>C</td>
<td>Research paper</td>
<td>100</td>
</tr>
<tr>
<td>60-69%</td>
<td>D</td>
<td></td>
<td></td>
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<tr>
<td>Below 60%</td>
<td>F</td>
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6. Important Dates:

The Test Dates are approximate and subject to change, the research paper dates WILL NOT CHANGE:

Test One: Thursday, September 21, 2006

Test Two: Thursday, October 26, 2006

**RESEARCH PAPER TOPIC APPROVAL: OCTOBER 26, 2006**

**RESEARCH PAPER DUE: TUESDAY, NOVEMBER 7, 2006**

(5 points deducted for each business day the paper is late)

Test Three: Thursday, November 16, 2006

Test Four: Final Exam **NOT COMPREHENSIVE**
Absences from class: Students are required to attend class regularly and to be punctual in their attendance. Students are responsible for all work missed due to illness or university business. Roll will be called at the beginning of each class. If a student misses roll call because of lateness, it is the student’s responsibility to notify the instructor at the end of the class so that an adjustment of the attendance record can be made. More than four absences will result in a lowering of the course grade (i.e. lowered by one letter grade), at the instructor’s discretion. Chronic absences may result in additional letter grade drops or the student may be dropped from the course for non-attendance. Students should be courteous and discreet in the event of an emergency necessitating the need for the student to leave the classroom.

Excessive tardiness may result in the student not being admitted to class.

Examinations and quizzes: All examinations are to be taken at the time they are scheduled. The lowest exam grade will be dropped, therefore there will be no make up exams.

Unannounced quizzes CANNOT be made up. If the student is late or absent for a quiz, that quiz cannot be made up.

Cell phones and pagers: Cell phones and pagers must be turned off before class begins. Abuses of these electronic devices will result in the student being asked to drop the class.

Research paper: The research paper will be due on the scheduled due date. For each business day a paper is late 5 points will be deducted.

Student Handbook: Students should be familiar with all policies in the student handbook; especially the sexual harassment policy and academic policies.

Documented disabilities: Any student with a documented disability (e.g., physical, learning, psychiatric, vision, hearing, etc.) who needs to arrange reasonable accommodations must contact the instructor and the Disability Services at the beginning of the semester. The University of Central Arkansas adheres to the requirements of the Americans with Disabilities Act. If accommodations are needed under this Act due to a disability, contact the Office of Disability Support Services at 501-450-3135.
**Academic dishonesty and plagiarism**: Students involved in or supporting acts of academic dishonesty and/or plagiarism will lose credit for the assignments or exam and may be withdrawn from the class with a WF. Book bags and notebooks will be kept under the desks and may not be opened during exams. Students leaving the class during an exam will not be allowed to continue the exam. Students may also be asked to draw for seat assignments. Students are responsible for bringing two #2 lead pencils and a pen to the exam. The Student Handbook defines academic misconduct as follows:

1. Any academic dishonesty in connection with the taking of, or in contemplation of the taking of any examination. For the purposes of this policy, any student is academically dishonest who (a) knowingly discovers or attempts to discover the contents of an examination before the contents are revealed by the instructor; (b) obtains, uses, attempts to obtain or use any material or device dishonestly; or (c) supplies or attempts to supply to any other person any material or device dishonestly; or (d) during the course of an examination obtains or attempts to obtain unauthorized information from another student or from another student’s test materials.
2. Any misrepresentation of academic work by a student as the product of their own study and efforts.
3. The unauthorized possession, taking, or copying of solutions manuals or computerized solutions for homework or research problems assigned by a professor and/or instructor