**HSC 2320 Addiction: Assessment, Intervention and Treatment Planning, Summer I 2005**

*Monday thru Friday, HSC 308, 8:00 AM – 9:30 AM*

**Instructor:** Lisa K. Ray  
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Office Hours: Please feel free to drop in, but if you have important business, make an appointment!!

Monday- Friday 7:30-8:00 AM and 9:30 – 1:00 PM

**Course Description:** This course will address the assessment of addiction disorders as found in the latest *Diagnostic and Statistical Manual (DSM-IV-TR) of Mental Disorders*. Intervention techniques and client treatment planning will also be reviewed.


**Course Objectives:** Upon completion of the course, students will be able to:

1. List major items contained in an addictions assessment;  
2. Identify commonly used assessment instruments;  
3. Describe the role of the counselor in assessing addiction disorders;  
4. Distinguish between drug abuse and drug dependency;  
5. Describe procedures for securing treatment for addictive disorders;  
6. Explain criteria indicated for inpatient and outpatient treatment (ASAM);  
7. Discuss the efficacy of self-help groups as an adjunct to treatment;  
8. Develop an appropriate treatment plan for an individual being treated for an addictive disorder;  
9. Describe the role of the counselor as a member of a multidisciplinary team;  
10. Utilize the *DSM-IV-TR Of Mental Disorders* in addressing clients with a dual diagnosis;  
11. Demonstrate problem solving skills when participating in a mock intervention;
12. Demonstrate organizational and writing skills in formulating a substance abuse history.

Course Outline:
I. Criteria used to establish substance abuse and substance dependency
   A. Review of *Diagnostic and Statistical Manual (DSM- IV-TR) of Mental Disorders*
   B. Review of commonly used assessment instruments
   C. Review ASAM placement criteria.
   D. Detoxification issues
   E. Drugs of Abuse

II. The Beginning of the client/counselor relationship.
   A. The Biopsychosocial Interview
   B. Diagnostic Impressions and Summaries
   C. Initial Treatment Plan

III. Treatment Planning
   A. Relationship of treatment plan to client’s treatment
   B. How to build a treatment plan
   C. The problem list
   D. Documentation

IV. Individual Treatment
   A. The therapeutic alliance
   B. Behavior Therapy
   C. Interpersonal Therapy
   D. How to choose a therapeutic modality

V. Group Therapy
   A. Benefits of Group
   B. Types of Groups

VI. The Contracts

VII. The Steps
   A. The Stages of Change
   B. The Committee
   C. Steps 1 through 5

VIII. Educational Lectures
IX. Special Problems
  A. Psychiatric Disorders
  B. Adolescents
  C. Families

X. Discharge Planning
  A. Clinical Staffing
  B. Discharge summary
  C. Aftercare or Continuing Care planning

XI. Counseling Skills

**Course Requirements and Evaluation:**

1. WebCT: You are required to register for WebCT. When you register please configure the email so that you may receive email at an outside account and take the initial survey. There will be reading assignments posted on WebCT throughout the semester.

2. Exams: There will be four exams including the final exam. Each exam will be worth 100 points. Students will be given the examination schedule at the beginning of the semester.

3. Quizzes: Unannounced quizzes will be given throughout the semester. If a student is late or absent for a quiz, that quiz cannot be made up. The quizzes will be “extra credit”.

4. Grading Scale:

   - 90-100% A
   - 80-89% B
   - 70-79% C
   - 60-69% D
   - Below 60% F

**Tentative exam schedule:**
Exam # 1: Wednesday, June 15, 2005
Exam # 2: Friday, June 24, 2005
Exam # 3: Friday, July 1, 2005
Final Exam week: Friday, July 8, 2005
Absences from class: Students are required to attend class regularly and to be punctual in their attendance. Students are responsible for all work missed due to illness or university business. Roll will be called at the beginning of each class. If a student misses roll call because of lateness, it is the student’s responsibility to notify the instructor at the end of the class so that an adjustment of the attendance record can be made. More than four absences will result in a lowering of the course grade (i.e. lowered by one letter grade), at the instructor’s discretion. Chronic absences may result in additional letter grade drops. Students may also be dropped from the class for non-attendance. Students should be courteous and discreet in the event of an emergency necessitating the need for the student to leave the classroom.

Behavior in Class: Participation in class is encouraged, however consideration of your fellow students is required. This is a professional degree program and students are expected to behave accordingly. Failure to conduct yourself in a professional and courteous manner may result in being asked to leave class or being dropped from the class.

Examinations and quizzes: All examinations are to be taken at the time they are scheduled. If a problem arises requiring a student to be absent for an exam, the student should meet with the instructor as quickly as possible to reschedule the exam. If possible, the student should meet with the instructor before the scheduled examination. Failure to promptly take make-up examinations may result in a lowering of the exam grade. Unannounced quizzes CANNOT be made up. If the student is late or absent for a quiz, that quiz cannot be made up.

Cell phones and pagers: Cell phones and pagers must be turned off before class begins. Abuses of these electronic devices will result in the student being asked to drop the class.

Student Handbook: Students should be familiar with all policies in the student handbook; especially the sexual harassment policy and academic policies.

Documented disabilities: Any student with a documented disability (e.g., physical, learning, psychiatric, vision, hearing, etc.) who needs to arrange reasonable accommodations must contact the instructor and the Disability Services at the beginning of the semester. The University of Central
Arkansas adheres to the requirements of the Americans with Disabilities Act. If accommodations are needed under this Act due to a disability, contact the Office of Disability Support Services at 501-450-3135.

**Academic dishonesty and plagiarism:** Students involved in or supporting acts of academic dishonesty and/or plagiarism will lose credit for the assignments or exam and may be withdrawn from the class with a WF. Book bags and notebooks will be kept under the desks and may not be opened during exams. Students leaving the class during an exam will not be allowed to continue the exam. Students may also be asked to draw for seat assignments. Students are responsible for bringing two #2 lead pencils and a pen to the exam. The Student Handbook defines academic misconduct as follows:

1. Any academic dishonesty in connection with the taking of, or in contemplation of the taking of any examination. For the purposes of this policy, any student is academically dishonest who (a) knowingly discovers or attempts to discover the contents of an examination before the contents are revealed by the instructor; (b) obtains, uses, attempts to obtain or use any material or device dishonestly; or (c) supplies or attempts to supply to any other person any material or device dishonestly; or (d) during the course of an examination obtains or attempts to obtain unauthorized information from another student or from another student’s test materials.)
2. Any misrepresentation of academic work by a student as the product of their own study and efforts.
3. The unauthorized possession, taking, or copying of solutions manuals or computerized solutions for homework or research problems assigned by a professor and/or instructor.