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Intervention Fall '08
Off-Task Behavior Intervention 1
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Dot Reward System with Portfolio Reflection

Description:

Dot Reward System is an intervention that uses a reward system and samples of the students' work to provide a method of self- monitoring and to increase awareness of off-task behaviors. The dots are used as punishment, and the consequence or reward follows a weekly evaluation of the dots on a chart. The students are then required to compare their chart to a work sample completed in the same week. Finally, they are to journal about the comparison between the two. The goal is for the student to recognize that as off-task behaviors decrease, the quality of his work will increase.

Materials:
- ❖ Paper for the chart
- ❖ Dots or markers to put on the chart
- ❖ Folders to hold the work samples for the week
- ❖ Prizes if want to use such for rewards

Preparation:
- ❖ Prepare a dot chart template
- ❖ Prepare folders for each child for their work samples
- ❖ Rewards and consequences need to be established
- ❖ The number of dots needed to receive a reward or consequence need to be established.
  - o This may vary from student to student.

Steps in Implementing this Intervention:

Step 1: Discuss with the students which behaviors are wanted, and which are not.

Step 2: Model the off- task behaviors.

Step 3: Explain that dots will be given if an off-task behavior is displayed.

Step 4: Tally the dots on a daily basis.
- ❖ This is so the student may compare work samples to behavior on specific days.
  - o Ex. If a student received no dots one day, he may choose to look at his work samples for that day. From this he may see that his work is better on days he is *on-task*.

Step 5: At the end of the week, have the student review his chart and choose a work sample to use as the comparison.

Step 6: Have the child journal about how the two compare.
- ❖ Was the work better on days with less dots? Why?

Step 7: Provide a reward or consequence based on the number of dots.

Reference:
Butera, L. M., Giacone, M. V., & Wagner, K. A. (2008). Decreasing off-task behavior through a dot/point reward system and portfolio reflection with second, fifth, and sixth graders. *Online Submission,ERIC ,* 1-68.