

Parent Training and Consultation: An analysis of a
Homework Intervention Program

Description: Examined the effectiveness of a homework intervention training program for parents of four male children (one fourth grader, and three sixth graders). The students were nominated by their teachers because of severe homework incompleteness problems. This all took place somewhere in the Midwest. Intervention training took place across five face-to-face training sessions over the course of 6-8 weeks, with follow-up weekly phone calls. All student grades increased by at least one letter grade based on the intervention. Used a combination of Olympia, Jensen, and Neville (1990) *Do It Yourself Homework Manual: A Sanity Saver for Parents* and Sonna (1990) *The Homework Solution: Getting Kids to Do Their Homework*.

Preparation: Instructor needs to be well trained in the process of the intervention and the problem solving model.

Meetings:

I: Introduction and Overview:

II: Problem Identification and Analysis

III: Maintaining Effective Study Periods and Interfacing with School

IV: Behavior Management Techniques and Homework Incentive Program

V: Maintaining Effective Intervention and Program Evaluation

References:

Rhoades, M. M., & Kratochwill, T. R. (1998). Parent Training and Consultation: An Analysis of a Homework Intervention Program. *School Psychology Quarterly*, 3(13), 241-264.